

Information about Optiform's Group Programs

About Our Group Programs

Group programs at Optiform provide children and young people with the chance to build skills in a supportive and engaging environment. Groups encourage social development, offer opportunities to practice and extend communication, learning and daily life skills, and create safe spaces to promote school readiness. By coming together with peers who share similar interests, participants can learn from and with others, while also deepening their understanding of different neurotypes and ways of interacting. Our groups are designed to be fun, inclusive, and focused on helping each participant reach their individual goals.

Group Programs at Optiform

At Optiform, we offer a range of group programs designed to support children, young people, and families to learn, connect, and grow together.

Our current group programs include:

- Prep 4 Prep
- AAC Play Group
- Understanding Neurodiverse Communication Group
- Special Interests Group for Neurodiverse Communicators

More about our Groups

Prep 4 Prep

- This group helps children build the foundational skills for a confident start to formal schooling. Activities focus on sitting and attending on the floor, joining in tabletop tasks, sharing a snack, interacting positively with others, and developing early language and literacy skills.

AAC Play Group

- Designed for young children who use Augmentative and Alternative Communication (AAC), this group provides a supportive and fun environment for families to practice using AAC devices in play and community situations. It's a chance to build confidence, explore communication strategies, and connect with other AAC users.

Understanding Neurodiverse Communication Group

- This group offers individuals the opportunity to explore and understand their own communication preferences in a safe, affirming, and inclusive setting. Participants can practice communicating with others, celebrate differences, and develop strategies that support connection across diverse neurotypes.

Special Interest Groups for Neurodivergent Communicators

- These groups provide a safe, welcoming space for participants to share and explore their personal interests with others who value and celebrate those passions. They offer opportunities to connect socially, build confidence, and practice communication in ways that feel comfortable and meaningful, within an accommodating and supportive environment.